



CARGILFIELD

NURSERY CLUBS

At Cargilfield we offer a wide range of clubs to our Nursery children to ensure they are getting the rich experiences and development opportunities they need to truly thrive. We embed these clubs into our Nursery day to ensure that everyone has the opportunity to benefit from them. Below is some information about the enriching clubs that we have on offer.

MONKEY DRAMA (Mondays)

Monkey Drama classes are all about using imagination, role play, and characterisation in a fun and structured environment. We do this by going on a different themed adventure each week and using props and music to help us delve into the heart of our story.

Drama classes are a great way for children to explore their worlds creatively and build on their confidence and social skills. We do not focus on performance. At Monkey Drama we focus on the possibilities of make-believe! There is a strong focus on Teacher in Role and allowing the children to take the drama in different directions.

There really is no adventure like a Monkey Drama adventure. Monkey Drama has been taking children on adventures for over 10 years now and we continue to be amazed at how the children explore their worlds, thoughts and feelings through their imaginations and endless creativity.

www.monkeydrama.co.uk

PLAY2LEARN SPORTS COACHING (Tuesday)

Play2Learn Role-Player FUN sports sessions have been created with the principles and objectives of the Curriculum for Excellence at its core.



Play2Learn fun sports sessions are ideal for young children in the early stages of their active/sporting life. Not only developing fundamentals of movement: Agility, Balance, & coordination, it also improves confidence, self-esteem, psychomotor skills, cognitive understanding, social skills and the emotional learning they need to lead a physically active life.

Play2Learn Petite Sports involves imaginative story-based activities. We attempt to link the world of sport, health & fitness to cartoons, superheroes, animals and many other child-friendly themes. We use simple techniques and fun storylines to ensure a fun, safe, enjoyable, and educational experience.

Why Do Young Children Play Sport?

- Fun!
- Being with friends, this socializing aspect will develop new relationships and improve existing ones.
- The excitement of positive competition will help motivate and improve attitudes towards winning and losing.
- Learn and improve new skills, children love learning, subsequently increasing levels of self-esteem and confidence.

CARGILFIELD SCHOOL

45 Gamekeeper's Road, Edinburgh EH4 6HU

Telephone: 0131 336 2207 | Email: admin@cargilfield.com | Website: www.cargilfield.com

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DANCE CLUB (Wednesdays)



Join in a fun, friendly and energetic dance class, full of interactive music including traditional nursery rhymes and upbeat familiar songs.

Led by the Royal Academy of Dance and ISTD certified teacher, with extensive knowledge and experience in various styles of dance. This class is structured to help focus on posture, balance, musicality and use of fine motor skills which will help to develop your child's coordination and confidence.

Encourage your little one to get active and have fun through expression and creativity with the joy of dance.

GYMNASTICS CLUB (Thursdays)



Discover the joy of movement with our pre-school gymnastics club!

Engage your little ones in a world of exploration as they master the basics on the floor, build confidence on the vault, develop balance on the beam, and embrace strength on the bars.

Our expert instructors create a fun and supportive environment, fostering physical development and coordination. Here the children will not only hone their gymnastics skills but also experience a blend of excitement and skill-building that lays the foundation for a lifelong love of fitness.

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Floor Work

Our dynamic sessions focus on fundamental movements, helping your little one develop flexibility, coordination, and spatial awareness with every joyful tumble and roll.

Vault

Your child will experience the thrill of controlled jumps and landings, enhancing their strength speed and agility.

Beam

The beam becomes a pathway to building balance and poise, encouraging them to tread with confidence and grace.

Bars

As they swing and conquer challenges on the bars, a foundation of upper body strength is laid, instilling a sense of accomplishment.



FRENCH (Friday)

Music & Movement French Classes (under 5s)

As the founder and creator of the Mini Languages® method, Felicity has dedicated her career to teaching children French from a young age. With over eight years of experience as an early-years language tutor and a mother to three bilingual children, Felicity knows the importance of starting language learning early in life. Her unique approach to teaching language through music, movement, play, and positivity has been proven to enhance cognitive skills, creativity, and cultural awareness in young children. Her passion for teaching languages to children has not gone unnoticed - she won the HOOP award for Best Children's Activity Provider in Edinburgh!

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