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| --- | --- | --- | --- | --- | --- | --- | --- |
| meal | mon | tue | wed | thu | fri | sat | sun |
| supper | | | | | | | |
| main option | salt & pepper chicken pita bread | urban dogs with toppings | traditional steak pie | chinese sticky chicken | chicken nuggets | italian meatballs | honey roast gammon |
| second option | spicy quorn pita bread | vegetable  hot dog | ratatouille tomato | vegetable stir fry | vegetable kiev | macaroni cheese | vegetable lasagne |
| sides | herby potatoes | skinny fries | crushed potatoes | rice | curly fries | spaghetti  garlic bread | roast potatoes  yorkshire pudding |
| sides | mixed salad | corn on the cobs  coleslaw | broccoli | sweetcorn | garden peas | sugar snap peas  cauliflower | carrots  parsnip  swede |
| desert | chocolate cheesecake | rocky roads | strawberry mousse | homemade chocolate  cookies | fruit meringue | rice pudding | rhubarb crumble & custard |