|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| meal | mon | tue | wed | thu | fri | sat | sun |
| lunch |
| main option 1 | meatballs in a tomato sauce | stone baked pizza served with asst toppings | lasagne & bolognaise garlic bread | chicken frittatanachos,sour cream | crispy battered fish homemade tartar sce | homemade burger bar | baked potato barvarious hot & cold fillings |
| main option 2 | vegetable stir fry | cheese & onion quiche | macaroni cheese | vegetable frittata | breaded fish fingersbreaded scampi | homemade spicy bean burger |  |
| baked potato bar | baked potatoes & a selection of fillings | baked potatoes & a selection of fillings | baked potatoes & a selection of fillings | baked potatoes & a selection of fillings | baked potatoes & a selection of fillings | baked potatoes & a selection of fillings |  |
| sides  | spaghetti/rice carrotsgreen beans | potato wedges broccoli /carrots | pasta peas | ricecorn on the cob | skinny chipsmushy peasgarden peas |  |  |
| salad bar  | selection of salads | selection of salads | selection of salads | selection of salads | selection of salads | selection of salads | selection of salads |
| soup & bread | roasted red pepper | cream of chicken | mushroom | spicy butternut squash |  red lentilsoup |  minestrone soup  | cream of chicken |
| dessert | orange jelly  | pancakes & chocolate sauce | cookiesyogurt | lemon syrup sponge | ice creamchoc ice | gingerbread cake | cupcakes |