|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| meal | mon | tue | wed | thu | fri | sat | sun |
| lunch | | | | | | | |
| main option 1 | bolognaise | Chinese  chicken | urban hot dogs served with asst fillings | chicken frittata  nachos,sour cream | crispy battered fish homemade tartar sce |  |  |
| main option 2 | tomato & vegetable pasta bake | sweet chilli vegetables | quorn frankfurters | vegetable frittata | breaded fish fingers  breaded scampi |  |  |
| baked potato bar | baked potatoes & a selection of fillings | baked potatoes & a selection of fillings | baked potatoes & a selection of fillings | baked potatoes & a selection of fillings | baked potatoes & a selection of fillings |  |  |
| sides | penne pasta  garlic bread  broccoli & sweetcorn | rice  roasted vegetables  garden peas | potato wedges  onion rings | rice  corn on the cob | skinny chips  mushy peas  garden peas |  |  |
| salad bar | selection of salads | selection of salads | selection of salads | selection of salads | selection of salads |  |  |
| soup & bread | Minestrone soup | French onion soup | Vegetable soup | spicy butternut squash | roasted red pepper  soup |  |  |
| dessert | strawberry mousse | doughnuts | chocolate marble cake | lemon syrup sponge | ice cream  & muffins |  |  |